

RAC STAR: LAGUNA AREA INDUCTION



Oath-taking of new Rotaractors from Laguna area lead by one of the RCSO Youth Committee

CALAMBA CITY—Last September 17-18, 2016, the Laguna Area Mass Induction ceremonies themed “RAC STAR” was held at Celebration Springs Resort, Park Merced Village, Los Baños, Laguna. As one of the clubs in Laguna, the Rotaract Club of Los Baños’ “All Star” inductees were charged and took oath before Rotarians and Rotaract District Officers. *Continued in page 5.*

PALAROTARACT

LUCENA CITY- The scorching heat welcomed the Rotaract Club of Los Baños as they reached the venue of PALAROTARACT at around 9 am last September 10, 2016 in Lucena. The club’s delegation with ASP Glesly Vasquez, Finance Director Niña Raytana, Community Service Director Faith Torres and Rotaractor Dannielle Zalameda joined the District 3820’s Palarotaract, the districts’ sports festival with the objectives of (1) partici-



PALAROTARACT official event poster

pating on a district event, (2) being involved in the team building activities and (3) promoting active lifestyle among the Ractors. The event was organized by the Rotaract Clubs from Lucena.

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SERVE IN STYLE

LAGUNA—RACLB launched an online campaign called 'serving in style caps' for Rotary, Rotaract and Interact clubs last August 24-31, 2016 as part of its fund raising activities. Rotaractors, Rotarians and Interactors pre-ordered their caps through social media platforms, mainly Facebook and Instagram, and through some members of the club. The caps were delivered during the PalaRotaract District event, held last September 10, 2016. The caps were timely for the said event for protection under the extreme heat of the sun while participating on the different sport games. On-site selling of Rotaract caps at ₱ 250 each was also achieved by the club members for Rotaractors who weren't able to pre-order.

Different Rotaract and Interact clubs bought the caps, as well as some Rotarians. Rotaract caps, Interact caps and Rotary caps were sold at ₱ 200, ₱ 175 and ₱ 250, respectively.



Serve in Style Advertisement alongside the actual photos of the cap

Some of those who cannot get their cap during the Pala-Rotaract agreed to have meet ups and shouldered shipping fees. Through these efforts and support, the club was able to raise ₱ 4, 775.00. This fund was used for the Laguna Area Project held at Bahay ni Maria in Calamba City and the registration fees of five members of RACLB during the Laguna Area Mass Induction.

BAÑAMOS CIVIC PARADE



Rotarians of RCLB with the Rotaractors who joined the annual Civic Parade

LOS BAÑOS, LAGUNA—As one of the club's regular Public Relations Activity, the Rotaract Club of Los Baños (RACLB) participated in the annual Bañamos Civic Parade headed by the Los Baños Municipality last September 16, 2016. RACLB, together with the Rotary Club of Los Baños (RCLB) and the Interact Club of Los Baños National High School (IC-LBNHS) as well as all the organizations and institutions within the Los Baños community. The parade assembled at the Olivarez Plaza at 6am and the parade started about one hour later.

Members of RCLB, RACLB and IC-LBNHS walked together each club holding their own club banner, showing proudly to the community that Rotary and its youth programs work as one and contribute continuously for the betterment of Los Baños and its citizens. In addition, they also waved flaglets made of bamboo sticks and pieces of cloth as the uniting theme of RCLB and its youth programs for the parade. The parade began at the Olivarez Plaza, went through the streets of Los Baños and ended at the old municipal of Los Baños.

DID YOU KNOW?

Rotaract Club of Los Baños (RACLB), along with Interact Club of Los Baños (IC-LBNHS) won Php 10,000.00 during the Bañamos Festival in September 2011. The clubs joined the Civic Parade with their sponsoring club, Rotary Club of Los Baños, while dancing with the festival's theme song. The then Mayor of the town, proposed to give monetary reward to the most organized group by the end of the parade. RACLB and IC-LBNHS won the second prize.

Induction of Interact Club of Los Baños National High School (LBNHS) and Saint Anthony School (SAS)

The Rotaract Club of Los Baños (RACLB) together with its sponsoring club, the Rotary Club of Los Baños (RCLB) spearheaded the induction of the Interact Club of Los Baños National High School (LBNHS) held last September 1, 2016 at the Batong Malake Covered Court, Brgy. Batong Malake, Los Baños, Laguna. The activity was primarily initiated by RACLB through coordination with the President and the Youth Directors of RCLB as well as the Social Studies Department of LBNHS to which the School-based Interact Club is under.

The induction, which was part of the school department's program for the National Heroes Day, included the charging of officers and members headed by Past President Bobby Bautista of RCLB, oath-taking of officers headed by All-Star President Digna Austria of RCLB and oath-taking of members headed by Club Service Director Julius Galang of RACLB. The event was also attended by Youth Service Director Arnel Palmes of RCLB and Immediate Past President Cristina Dimaano of RACLB.

Both RCLB and RACLB showed their support to Interact LBNHS in order to maintain connections and friendship among the three clubs of Los Baños (i.e. Rotary, Rotaract and Interact). Eight days after, on September 9, 2016, the newly chartered Interact Club of Saint Anthony School—Los Baños held the same with the help of it's principal, Rtn. Arnel Palmes.



Photo © Rtn. Arnel Palmes—Inducted Interactors of Interact Club of LBNHS



Photo © Interactor Judy Ann Zaide—Rotarians along with RACLB Club Service Director PP Julius Galang and International Service Director IPP Cristina Dimaano during the Induction of Interact SAS-LB

PALAROTARACT

(Continued)

Paired up with the Rotaract Club of Lucena-STI, the members joined the tug of war and relay event. RACLB also joined the volleyball events as they were teamed up with some of the members of the Rotaract Club of Tayabas. The team was able to take the second place of the said game.

Fellowship with RAC Lucena STI and RAC Caluag happened after the event.



PALAROTARACT group photo courtesy of Rotaract Club of San Juan Batangas

OUTREACH IN BAHAY NI MARIA

CALAMBA CITY—Rotary International District 3820 Laguna Area Rotaract Clubs welcomed District Rotaract Representative (DRR) Christian Castillo with an activity that pierced through the hearts of many Rotaractors. With an outreach activity in Bahay ni Maria, a shelter facility for the abandoned elderly and children with special needs, Laguna Area Clubs together with DRR Christian bonded with the elderlies and children staying in the shelter. Held last September 17, 2016 in Calamba Laguna, the outreach project was the first part of the 2-day series of activities for DRR's Visit 2016.

Rotaract Clubs present in the event include Los Baños, San Pedro South, Bae Sentral, Makiling, Santa Rosa Centro headed by District Rotaract Area Representative (DRAR) Jill Rico. Residing in the shelter are 30 elderlies, children and some adult with special needs. They are currently under the care of some convent nuns and nursing staffs.

Laguna Area Rotaractors held a short program including a series of dances which the audience enjoyed so much. This was then followed by an immersion and bonding activity with each of the senior citizens. At least two Rotaractors were assigned to each beneficiary. The bonding activity included small talks and light snacks. At the end of the program, the Laguna Area Rotaract Clubs then ended the program by giving a few donations to the shelter facility which included adult diapers, rice and toiletries.

Before finally leaving the place, the group held a quick assessment of the



Photo with the elderlies in Bahay ni Maria

activity where two Rotaractors were asked to give feedbacks regarding the event. Rotaractor Renmar of Los Baños, who rose to the occasion by impersonating the Filipino actor Robin Padilla to further bring a moment of happiness to the beneficiaries, was one of the two who volunteered to share their experience. He stated that it was a once-in-a-lifetime experience and that it was well worth it coming to visit the grandmothers in a shelter as it was included on his personal bucket list.

DRR'S VISIT

LALAKAY, LOS BAÑOS—Immediately after the outreach program in Bahay ni Maria, members of Rotaract clubs of Laguna along with RID 3820 DRR Christian Castillo proceeded to Celebration Springs Resort, Park Merced Village, Los Baños, Laguna. Arriving at the resort, the program for the Laguna Area's DRR's Visit commenced at once.

Each participating clubs were given limited amount of time to present their club's statuses. In their presentation, their club president rendered to the panelists their club's profile membership, completed projects and plans and programs for the remainder of Rotary year.

Among the panelists are DRR Christian himself with Laguna Area DRAR Jill Rico, and other District officers Clark Obmerga and Renan Mayo. The panelists commented and shared insights and advices to the presenters to help improve their club standings.

Due to the sheer number of participating clubs from the area, the presentation was divided into two batches. First batch presented in the afternoon of September 17 while the

Friendship Signing with RAC Metro San Pedro



RACLB and RAC Metro San Pedro with DRAR Jill and DRR Cita

LALAKAY, LOS BAÑOS—The events during the DRR's Visit to Laguna Area clubs formally ended with the signing of Friendship Agreements of several pairs of Rotaract clubs in RID 3820. Held in the morning of Sept 18, 2016 at Celebration Springs Resort, Park Merced Village, Los Baños, Laguna, the Rotaract Club of Los Baños signed with the Rotaract Club of Metro San Pedro. Representatives from RACLB were ASP Glesly, IU Dir Cristina Dimaano and Secretary Micaela Vega. Their counterparts from RAC Metro San Pedro were PE Ariel Lim Jr. and Community Service Director Jayson Agohiro. DRR Christian Castillo and Laguna Area DRAR Jill Rico served as witnesses to the ratification of the agreement.

The friendship agreement with RAC Metro San Pedro is the fourth signed by RACLB this Rotary year. Prior to this, RACLB already signed similar agreements with the Rotaract Clubs of Cavinti, San Pedro South and Santa Rosa Centro.



DRR's Visit group photo with RACLB

remaining half presented in the morning of September 18. The recess in between the batches was to give way for yet another event in store-- Laguna Area Mass Induction.

RAC STAR: Laguna Area Mass Induction

Continued

ASP Glesly along with other ASPs made her office official as she was inducted by DRR Christian Castillo after being charged by Rotarian Tony Bugaoan of RC Santa Rosa South. All officers of RACLB were charged by Rtn. Phil Zalameda and was inducted by Laguna Area DRAR Jill Rico. Six new recruits from RACLB were then charged and inducted by Rotarians Mildred Mejino and Tony respectively.

In all the charging, the Rotary's Motto "Service Above Self" was repeatedly stressed out by the charging officers. Moreover, the three main requirements for being 'Rotarized' was also reiterated. Sharing one's Time, Talent and Treasure was imposed to all inductees as it was of importance to both resident and new members of the Rotaract clubs in order to live to its motto.

Beside the induction ceremonies, attendees also enjoyed the Rock and Roll vibe of the event through performances of live band and of Rotaractors themselves.



Group photo during RAC STAR Fellowship

DG's Visit 2016

UPLB, LOS BAÑOS—Rotary International District 3820 Governor Dindo Katigbak visits the Rotary Club of Los Baños (RCLB). Held last September 15, 2016, DG Dindo's presence graced a series of activities as he was hosted by RCLB in the annual DG Visit. The Rotaract Club of Los Baños (RACLB) was a key support for its sponsoring club, RCLB in meeting the event's success.

The first segment of the DG's Visit consisted of meeting DG Dindo by the boundary of municipalities of Los Baños and Calamba City. DG Dindo was welcomed by RCLB members. Meeting up the DG by the town's boundary is already a tradition for RCLB for every DG's Visit. However, in the past a Four-Way Test Marker used to stand by the venue. But due to renovations done by the DPWH, the marker was transferred to give way for a road widening project.

Consequently after the welcoming, the group proceeded to the new location of one of the new Four Way Test Markers. Here, DG witnessed the unveiling of the rehabilitated RCLB Four Way Test Marker in Jamboree Site in Mount Makiling.

DG Dindo then travelled to several other locations that are frequent to RCLB's and RACLB's activities. This included the Gawad Kalinga Village workshop adopted by RCLB and the RCLB's and RACLB's headquarters (HQ) at Entom Pest Control Compound. The HQ served as the regular meeting place for both clubs. The HQ displays both clubs' banners and houses its respective bell and gavel.

After the HQ visitation, RCLB along with DG proceeded to the day's last location at Dalcielo's inside the UPLB Cam-



Community Service Director Faith Torres with International Service Director IPP Cristina Dimaano representing RACLB during the event

pus. Here, the RCLB's presentation to DG Dindo was held. This was witnessed also by both Rotaractors and Interactors from Los Baños.

The day's culminating event was RCLB's Turn Over and Induction Ceremonies. PE Angelica, IU Dir Cristina Dimaano, Community Service Dir Faith Torres and Secretary Micaela attended the ceremonies.

RACLB was a key support for the whole day events preparation. As the RCLB's arm in the technical part, RACLB tech savvy members designed and prepared the publicity materials. RACLB also spearheaded the rehabilitation of the Four Way Test Markers unveiled and the other one near the gates of the International Rice Research Institute (IRRI).

TALBOS NG GULAY AT MALUNGGAY PARA SA KATAWAN NA MATIBAY

MAHAS, LOS BAÑOS—“Talbos ng Gulay at Malunggay para sa Katawang Matibay” project is the flagship project of the Rotary Club of Los Baños (RCLB). It is weekly maintained by the beneficiaries at the St. Anthony School, Brgy. Mahas, Los Baños, Laguna. As a partner in service, Rotaract Club of Los Baños, actively joined the activity on October 08, 2016.

The project was participated by Rotarians, Rotaractors and the group of Persons with Disability (PWDs), RCLB’s beneficiary of the project. It started early in the morning with weeding as the first activity. Several plots were cleared off of grasses and garbage to allow optimum growth of crops. Some of the Rotarians cooked lunch for the participants while the others helped in the clearing.

The project will continue until the vegetables can finally be harvested and consumed by the PWDs. The project was launched to help the members of the Persons with Disability organization in Los Baños to have a free source of vegetables and additional income. It also served as a jump starter for RCLB’s annual Home Gardening project which will be held on November 26, 2016 in Brgy. Bambang, Los Baños, Laguna.



Above: RACLB with the PWDs of LB preparing the community garden. Below: Seedlings to be planted by the PWDs

INTERNATIONAL COASTAL CLEAN UP



RACLB after their Coastal Clean Up at Barangay Bayog

BAYOG, LOS BAÑOS—The International Coastal Clean up (ICC) is an annual activity by Rotaract Club of Los Baños (RACLB) and other organizations around the world. It is usually done during the 3rd Saturday of September, however, due to adverse weather conditions of the scheduled day and the following Saturdays, ICC was postponed. Although the set date for the activity was already overdue, the Ro-

taract Club of Los Baños pushed on having its annual ICC. And just like before, it was conducted in the coast of Laguna de Bay.

The activity was held in the early morning of October 15, 2016. It was participated by 4 resident members and 1 honorary member of RACLB. The

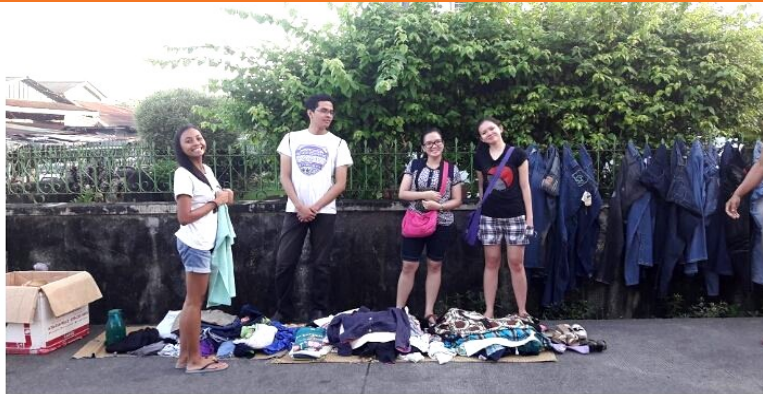
group swept a portion of the long coast near the residential areas of Brgy. Bayog. In total, the group was able to achieve four garbage bags in just an hour of cleaning up.

The women organization of Brgy. Bayog conducts weekly coastal clean up that is usually after their zumba classes. Laguna de Bay is a major water body in Los Baños that provides a lot of ecosystem services in the municipality. Inter coastal clean up is being done to promote a clean and healthy environment.



RACLB in action

RUMMAGE



RACLB in their effort to raise funds for their coming events

POBLACION, LOS BAÑOS—On the day of the rummage sale, members of the club met at around 5am. Rummage sale is mostly done very early in the morning since the target customers are those that are going to the wet market. As expected, majority of the buyers were women. Some of the customers were able to haggle and bought some clothes at a cheaper price. There was a tough competition in the place for many other sellers were present but despite that the club was able to raise P 2,235. The club packed up at around 7:30 am.

The raised funds will be used mainly on the upcoming Home Gardening Project of the club on November 26, 2016.

END POLIO CAMPAIGN

DISTRICT 3820—The Rotaract Club of Los Baños participates in the celebration of the End Polio Campaign of the Rotary International. Every year, RACLB along with the Rotary Club of Los Baños shares their End Polio campaign efforts through social media.

In addition, RACLB and RCLB patronized the RI District 3820's End Polio shirts and polo-shirts campaign. Their purchases were sported by each in their posted photos. Funds raised on the campaign will be donated directly to the Rotary International.



Photo © Rtn. Arnel Bandian—RCLB with a Polio victim posing for the End Polio Campaign of District 3820

INTERACT DISTASS 2016



Photo © PP Bobby Bautista—From left: PP Bobby Bautista of RCLB, PP Julius Galang and IPP Cristina Dimaano of RACLB, Interactors Collene Fabillar and Dannel Dimaano of IC-LBNHS during the Interact Distass 2016

BAY, LAGUNA—Interact Club of Los Baños National High School (IC-LBNHS), with the help of its sponsoring club, Rotary Club of Los Baños (RCLB), and Rotaract Club of Los Baños (RACLB), attended the Interact District Assembly (DISTASS) at Royal Palm Resort, Bay, Laguna on September 3-4, 2016. Two interactors from IC-LBNHS, namely Collene Fabillar and Dannel Dimaano joined the event. Both interactors were first timers of any Interact District event. They were accompanied by International Service Director PP Bobby Bautista of RCLB and Club Service Director Julius Galang with International Service Director IPP Cristina Dimaano of RACLB on the first day.

Volunteer Youth Leaders for Health (VYLH) - Philippines NCR- South Luzon Cluster Youth Camp



Photo © Jickerson Pitogo Lado—PE Angelica Obrador among the Los Baños representatives at NCR-South Luzon Regional Camp of Volunteer Youth Leaders for Health - Philippines at Tagaytay City

TAGAYTAY CITY—October 22-23, 2016 Volunteers Youth Leaders For Health (VYLH) conducted a two- day camp as part of their campaign in promoting and supporting in depth health consciousness. They invited several organizations from NCR and South Luzon, which includes RACLB as one of the prospect participants, to the camp for a broader coverage of their advocacy. President Elect Angelica Obrador presented RACLB to the said event. Such advocacy includes:

To increase public awareness and support on the following health concerns:

- a) The significance of folic acid supplementation in the prevention of birth defects, especially among women in the reproductive age;
- b) The important role of the Newborn Screening Program in saving babies from mental retardation and death; and
- c) The rights and needs of patients with rare diseases, as provided by the Rare Diseases Act of the Philippines (RA 10747).

The event proper started with the introduction of the event and the organizations behind it. As an ice breaker, the participants and the facilitators did an aerobic dance then a game of bingo naming card so that the participants can get to know each other while having fun. Subsequently, the participants were seated according to the team color. The day was filled with lectures about Volunteerism and Leadership for Health, Preconception Health for Preterm Birth and Birth Defects Prevention, Folic Acid Facts, Birth Defects Surveillance, Newborn Screening Program, DOH Programs and Regional Updates on Newborn Screening Coverage and Updates on Rare Disease Advocacy. The night ended with a team building activity that reinforced the bonding of the teams.

The following day, the program began with a morning exercise to pump up the participants and also the facilitators. Afterwards, the event proceeded with talks about Social Media and The Filipino Youth Volunteer. On the afternoon, the event was closed with performances from the participants and facilitators then the conic awarding that made a memorable and fun ending for all. Finally, the participants were encouraged to cascade the learnings as they return to their respective area.



Photo © Chryz Dumandan—Group photo of NCR-South Luzon Regional Camp of Volunteer Youth Leaders for Health - Philippines participants and facilitators



ROTARACTOR OF THE MONTH

RACLB has chosen PE Angelica Obrador as the Rotaractor for the month of September for her dedication to build RACLB as one of the active youth organization in Los Baños. Likewise, All Star Secretary Micaela Vega was chosen as the Rotaractor for the month of October for her punctuality (in terms of report submission and having critical mind in every project we make).



BE UPDATED!

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About Rotaract

Rotaract is a service club for young men and women ages 18 to 30 who are dedicated to community and international service. Its membership totals over 200,000 in more than 9,000 clubs worldwide. Rotaract clubs are self-governing and self-supporting and can be either university- or community-based. Individual Rotary clubs sponsor Rotaract clubs and offer guidance and support, making the Rotaract clubs true "partners in service" and key members of the family of Rotary.

Rotaract Club of Los Baños
Entom Pest Control
F.O. Santos Street, Umali Subd., Batong Malake
Los Baños, Laguna, Philippines

Rotaract Club of Los Baños meets every first and third Saturday of the month at 14:00 (2 PM) GMT +8:00, PHT

Years of Fellowship Through Service

President	Rotary Year	Rotary International Theme
Angelica Francesz Pineda	2010-2011	Building Communities, Bridging Continents
Elsie Rose Reaviles	2011-2012	Reach Within to Embrace Humanity
Maia Nisa Mauricio	2012-2013	Peace Through Service
Julius Angelo Galang	2013-2014	Engage Rotary, Change Lives
Ma. Micaela Vega	2014-2015	Light Up Rotary
Maria Cristina Dimaano	2015-2016	Be A Gift To The World
Glesly Joy Vasquez	2016-2017	Rotary Serving Humanity

THE FOUR WAY TEST

Of the things we think, say or do

- 1) Is it the TRUTH?
- 2) Is it FAIR to all concerned?
- 3) Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4) Will it be BENEFICIAL to all concerned?

Rotary



Los Baños
Rotaract
Rotary Club Partner



"Everybody can be great. Because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and your verb agree to serve.... You don't have to know the second theory of thermodynamics in physics to serve. You only need a heart full of grace. A soul generated by love."

~Martin Luther King, Jr.

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